



Children's Ministry Resources for helping kids during current public health event

Helping Kids Navigate Anxiety Podcast - In this episode, Sissy Goff, Director of Child and Adolescent Counseling at Daystar Counseling Ministries in Nashville, Tennessee, shares tools for leaders helping kids process anxiety.

<https://bit.ly/2TZx1OR>

Managing Fear and Anxiety During a Health Pandemic - a blog post for parents on managing anxiety during any number of life disruptions.

<https://bit.ly/2Q6kJTG>

Anxiety Conversation Guides - Helping a child with anxiety is a challenge. Parents can download these age-appropriate resources to find tips and practical ways to help their children.

Preschool - **<https://bit.ly/33eSacg>**

Elementary - **<https://bit.ly/38LkjZs>**