

# DISCOVERY

CHRISTIAN CHURCH

**May 3 and 7**

**Steve Cuss**

## **PRIMARY SCRIPTURE:**

Matthew 16:24

Galatians 5:13

Ephesians 4:24

## **QUOTE**

"Christians are usually sincere people until you get to any real issues of ego, control power, money, pleasure, and security." - Richard Rohr

## **DISCUSSION QUESTIONS:**

1. During Isolation, we've been challenged to consider how we can 'look up, look around, look beyond.' It's an ongoing invitation to see what God is doing, see how to care for people you know, and see what you can do to serve others. Let's begin by sharing examples.
2. This series is talking anxiety, but focusing on a specific type of anxiety: chronic anxiety. Anxiety is more than worry or fear, it is any response after you don't get what you think you need. What sort of things make you anxious?
3. Sometimes we can be anxious without knowing it. How do you know when you are anxious? Who knows before you know?
4. We talked in the message about the story we tell ourselves. Does anyone have an example you'd be willing to share?
5. How does the story you tell yourself compare with God's story, the Gospel?
6. Steve said 'we get further by dying than trying.' What is something you are doing to die to or deny this week?
7. We are often harsher to ourselves than God is. What if you were at least as \_\_\_\_\_ as God is to yourself?" What is the blank for you?
8. The good news of God can displace the story we tell ourselves. Paul reminds us in Romans 8 that there is now no condemnation for those in Jesus. If you are a follower of Christ, what does this remind you of?